

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Alex Conrad

30-34 / 25 of 197

category

1:13:17 / 1:13:33

M: 152 / Race: 186

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm