

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mike E. Abbott

35-39 / 139 of 207

1:44:49 / 1:46:02 M: 1048 / Race: 1851

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm