

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Helen Glenn

65-69 / 8 of 51

1:42:53 / 1:46:00

F: 803 / Race: 1849

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm