

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Darren Swinemer**

45-49 / 125 of 195

1:45:21 / 1:45:54 M: 1045 / Race: 1840

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm