

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Paul Matthews

50-54 / 12 of 152

1:13:07 / 1:13:13

M: 149 / Race: 181

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm