

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**James Cairns** 

20-24 / 71 of 96

1:42:30 / 1:44:58 M: 1030 / Race: 1801

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm