

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

John Angel

60-64 / 60 of 125

1:43:37 / 1:44:43 M: 1024 / Race: 1785

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm