

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Syed Shah

35-39 / 26 of 207

1:12:28 / 1:12:39

M: 141 / Race: 173

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm