

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Carmel Smith**

55-59 / 34 of 155

1:42:05 / 1:43:45

F: 729 / Race: 1729

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm