

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Steven Selst

35-39 / 25 of 207

1:12:18 / 1:12:29

M: 140 / Race: 171

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm