TELY 10

The Telegram

10 Mile Road Race

July 22, 2018

Achievement Certificate

awarded to

John Adams

50-54 / 10 of 152	1:12:05 / 1:12:11	M: 133 / Race: 163
category	time chip/time	overall positions

NLAA President: *Rosemary Ryan-Forsey*

Regional President The Telegram: *Lizzie Cramm*