

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

John Adams

50-54 / 10 of 152

1:12:05 / 1:12:11

M: 133 / Race: 163

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm