

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Megan Ryan

20-24 / 3 of 134

1:11:58 / 1:12:06

F: 29 / Race: 160

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm