

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Keir McIsaac** 

35-39 / 22 of 207

1:11:51 / 1:11:57

M: 130 / Race: 158

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm