

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Michael Day** 

40-44 / 125 of 195

1:40:01 / 1:41:18

M: 943 / Race: 1574

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm