

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Richard Squires**

35-39 / 124 of 207

1:39:30 / 1:40:54

M: 930 / Race: 1540

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm