

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Sean O'Grady

45-49 / 105 of 195

1:39:31 / 1:40:49

M: 928 / Race: 1532

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm