

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Heather Adams

50-54 / 55 of 248

1:39:21 / 1:40:25

F: 591 / Race: 1506

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm