

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ian Norris

50-54 / 85 of 152

1:39:26 / 1:40:03

M: 906 / Race: 1484

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm