

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Louise Pumphrey

55-59 / 20 of 155

1:39:36 / 1:39:51

F: 574 / Race: 1473

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm