

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

Sam Avery

-19 / 41 of 76

1:36:26 / 1:39:45

M: 898 / Race: 1465

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm