

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

John Parsons

40-44 / 119 of 195

1:38:36 / 1:39:43

M: 894 / Race: 1461

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm