

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Tara James

1:35:23 / 1:39:33

35-39 / 106 of 396

category time chip/time

F: 564 / Race: 1452

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm