

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lois Simmons

45-49 / 75 of 326

1:37:52 / 1:39:31

F: 562 / Race: 1450

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm