

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

Sean Myrick

45-49 / 8 of 195

1:11:21 / 1:11:31

M: 122 / Race: 144

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm