

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Stride

45-49 / 68 of 326

1:36:06 / 1:38:07

F: 505 / Race: 1358

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm