TELY 10

The Telegram

10 Mile Road Race

July 22, 2018

Achievement Certificate

awarded to

Tara Noseworthy

35-39 / 93 of 396	1:36:12 / 1:37:57	F: 497 / Race: 1348
category	time chip/time	overall positions

NLAA President: *Rosemary Ryan-Forsey*

Regional President The Telegram: *Lizzie Cramm*