

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Amanda Whelan**

30-34 / 72 of 331

1:35:20 / 1:37:30

F: 480 / Race: 1322

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm