

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Paul Newhook

50-54 / 72 of 152

1:36:20 / 1:37:16

M: 838 / Race: 1309

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm