

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Carolyn Jong

30-34 / 71 of 331

1:32:06 / 1:37:12

F: 468 / Race: 1302

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm