

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Keith Glynn

55-59 / 6 of 138

1:10:44 / 1:10:53

M: 110 / Race: 130

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm