

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Melanie Rose

40-44 / 80 of 370

1:35:39 / 1:36:23

F: 445 / Race: 1258

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm