

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Shelly Blackwood

30-34 / 63 of 331

1:34:29 / 1:36:20

F: 443 / Race: 1252

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm