

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Rich Lewis

30-34 / 16 of 197

1:09:57 / 1:10:02

M: 102 / Race: 120

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm