

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mark Abbott

-19 / 33 of 76

1:33:55 / 1:35:25

M: 781 / Race: 1192

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm