

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Andrea Howard

35-39 / 74 of 396

1:33:58 / 1:34:51

F: 398 / Race: 1164

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm