

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lindani Ntombela

40-44 / 100 of 195

1:32:55 / 1:34:08 M: 747 / Race: 1126

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm