

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Bernard Ryan** 

65-69 / 20 of 85

1:31:56 / 1:33:37

M: 729 / Race: 1097

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm