

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Richard Lamb

30-34 / 101 of 197

1:31:43 / 1:32:54

M: 703 / Race: 1061

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm