

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Judy Furlong-Mallard

50-54 / 34 of 248

1:31:50 / 1:32:46

F: 355 / Race: 1052

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm