

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Rick Grouchy

40-44 / 94 of 195

1:30:01 / 1:32:41

M: 691 / Race: 1042

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm