

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Karen Penwell

35-39 / 9 of 396

1:08:47 / 1:08:55

F: 13 / Race: 101

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm