

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Seamus O'Brien

25-29 / 72 of 142

1:30:46 / 1:32:10

M: 673 / Race: 1005

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm